



10 ACCOMPLISHMENTS OF CHARACTER™

True success and happiness come from who we are, not what we have.

- 1 Self-Confidence**
Secure and independent.
- 2 Persistence**
Embrace challenge and learn from setbacks.
- 3 Maturity**
Keep commitments and take responsibility for your words and deeds.
- 4 Grace**
Be modest in success and cheerful in defeat.
- 5 Respect**
Respect yourself and others and acknowledge your errors.
- 6 Emotional Control**
Manage your feelings to enhance happiness and wellbeing.
- 7 Positive Identity**
Clear values and a strong sense of personal control.
- 8 Competence**
Find meaning and mastery in achievement.
- 9 Empathy**
Understand and respond to others to build strong relationships.
- 10 Resilience**
Bounce back from hardship with confidence.